THE TUGGERANONG CHALLENGE

Saturday, 16 September 2017

Unsanctioned Meet

The Challenge consists of swimming a **50m, 100m and 200m Event, each in a different stroke.**

To ascertain the winner we aggregate the absolute difference between actual and nominated time for each of the three events. For example: if you swim 2 seconds faster in event 1, 3 seconds slower in event 2 and 0.5 of a second faster in event 4, your total difference over the 3 events is 5.5 seconds. The trophy will be presented to the swimmer with the smallest total difference. The fastest swimmer will not necessarily be the winner.

Swimmers who do not wish to **"take the challenge"** may still enter any event up to the maximum allowed.

This meet is run in accordance to the Rules of Masters Swimming Australia. Masters Swimming members only. Masters Swimming NSW Sun Smart and No Smoking Policies will apply.

Venue: The Tuggeranong Lakeside Leisure Centre
Anketell Street, Tuggeranong, ACT
Surveyed Indoor 25m Pool with anti-wave ropes

Time: Warm up: 12.00 pm Start: 12.30 pm
Warm up /cool down lanes available throughout the afternoon

MEMORIAL 25m EVENT
"THE FLOCKART FLYER"
TO KICK OFF THE RACING!

This special **25m Butterfly event** "**THE FLOCKART FLYER**" will take place **before Event 1** of the Challenge Program of Events and will be swum in memory of Richard Flockart who passed away at the end of 2016. We hope you will take part in this event. **All swimmers are eligible to enter this event in addition to the Challenge Program of Events** and the swimmer who finishes closest to their nominated entry time will win a mystery prize in the spirit of Richard's love of colour and butterfly swimming! (More info overleaf…)

Challenge Program of Events

Swimmers may swim in **3 Individual Events plus 1 Relay Team in Event 4**

EVENT 0	**The Flockart Flyer**
EVENT 1	**50m Freestyle**
EVENT 2	**50m Breaststroke**
EVENT 3	**100m Backstroke**
EVENT 4	**4 x 50m Freestyle Relay a) Mixed b) Women c) Men**
EVENT 5	**100m Butterfly**
EVENT 6	**100m Freestyle**
EVENT 7	**100m Breaststroke**
EVENT 8	**200m Choice of Stroke (Please nominate stroke with entry – may include IM)**
EVENT 9	**50m Butterfly**
EVENT 10	**50m Backstroke**
EVENT 11	**100m Individual Medley**
EVENT 12	**Champagne Shoot Out Relay**

This event will be a handicapped event with the 6 teams that swim closest to their nominated time in Event 4 competing. Guess the prize!!!

Cost: **$20 plus pool entry** – Adults $5.80, Concession $4.20

Closing Date: **Friday 1 September 2017 for all entries**. No late entries.

Entries: To be submitted to your Race Secretary.
Race Secretaries to submit club entries manually on official summary sheet OR preferably by printout of the entry report from 'Team Manager', together with payment, to be received by the closing date. If 'Team Manager' is used, an export file of entries should be sent electronically to the Meet Recorder via email at **annettebritten@bigpond.com**.
Payment to: **Tuggeranong Masters Swimming ACT**
By bank transfer to: St George Bank BSB 112-908 Account Number 484 809 534
By cheque to: The Meet Director, PO BOX 113, Erindale Centre, ACT 2903.

Presentation: Presentation and dinner from 6pm at the Tuggeranong Town Centre Vikings Club

Enquiries: **Meet Director:** Annette Britten 02 62979062 / 0418 298 209 / **annettebritten@bigpond.com**
Attending clubs are asked to bring stopwatches and assist with timekeeping

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Richard Flockart passed away on 20 December 2016 from complications arising from his treatment from myelofibrosis. Richard's death was totally unexpected. Although myelofibrosis is a serious condition, Richard's medical reports had been positive. We had expected Richard to complete his treatment in Melbourne and to return to swimming in Canberra in early 2017. Richard had been a club member for many years and was an active competitor, his favourite and best stroke being Butterfly. Richard competed with both with us at Tuggeranong and his first club the Powerpoints. During the initial years of his illness Richard continued to train with us, during most of 2016 Richard did not have the physical stamina to train, however he did manage to keep fit and he continued with his study of German.

Our **25m Butterfly** event "**The Flockart Flyer**" will be swum in memory of Richard. He was one of a kind and always made us smile! We hope many of the swimmers attending our Tuggeranong Challenge 2017 will take part in this event at the start of the meet and wear something purple or pink in honour of Richard.